Please join us for the inaugural Advanced Practitioners Symposium hosted by the Department of Medicine at Hartford Hospital. Our program is open to all healthcare providers including physicians, APRNs, PAs and students.

**Registration:**
You may register online at [www.harthosp.org/advancedpractitioners](http://www.harthosp.org/advancedpractitioners) or call the Hartford Hospital Health Referral Service line at 1.855.HHC.HERE (1.855.442.4373)

**Fee:**
This is a free program for all providers. Continental Breakfast & Snack included.

**Parking:**
- Employees, please park in your assigned garage. Thank you.
- Parking will be available at no cost in the Hudson Street Garage at 500 Hudson Street, on the campus of the ERC. Please take the elevator to the 3rd floor skybridge and follow signs for the ERC.

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**CME Credits for Physicians**
Hartford Hospital is accredited by the Connecticut State Medical Society to provide continuing medical education for physicians. Hartford Hospital designates this educational activity for up to 3 AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**CEU Credits for Nurses**
This activity has been submitted to Hartford Hospital for approval to award contact hours. Hartford Hospital is accredited as an approver of continuing nursing education credits by the American Nurses Credentialing Center’s COA.
Hartford Hospital’s Department of Medicine will host a symposium for advanced practitioners, whose contributions to the care of patients are significant and continue to grow. Those contributions are valued at Hartford Hospital with a commitment to promote education and professional growth.

The symposium will be held on Friday, April 29, 2016 from 7am-12:30pm in Heublein Hall of the Education and Resource Building. Topics to be discussed include:

- Current concepts and strategies in the management of heart failure;
- Lifestyle modification for the reduction of cardiovascular risk;
- An update of inpatient and outpatient management of COPD; and
- Current trends in diabetes management

At the conclusion of this symposium, you will be able to:

1. Develop an understanding of the pathophysiology and standardized management protocols of patients with COPD;
2. Discuss new diabetes treatments and their mechanisms of action;
3. Identify the present treatment recommendations for patients with CHF; and
4. Summarize the risks and benefits of diet, exercise, and stress management for patients with chronic illness.

Please note: registration and parking are free for this event and a full breakfast is included. Presentations will be available upon request to Erica Thompson at erica.thompson@hhchealth.org. Be sure to visit with the following vendors who will be available throughout the day:

- Glaxo Smith Kline
- Boehringer
- Merck
- ConnAPA
- Hartford Hospital Human Resources
- CTAPRN

**Friday, April 29, 2016 | 7:30am-12:00pm**

**Heublein Hall**
ERC at Hartford Hospital
560 Hudson Street, Hartford

**Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>7:30am-8:00am</td>
<td>Registration/Breakfast</td>
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| 8:00am-8:15am    | Opening Remarks
   Ajay Kumar, MD |
| 8:15am-9:00am    | Lifestyle Medicine for Reducing Cardiovascular Risk
   Brad Biskup, PA-C |
| 9:00am-9:45am    | The Nuts & Bolts of COPD: Review of Pathophysiology and Management
   Megan Panico, MD |
| 9:45am-10:00am   | Break                                                                 |
| 10:00am-10:45am  | Heart Failure: A Review
   Jason Gluck, DO |
| 10:45am-11:30am  | Diabetes: Update for 2016
   Robert Oberstein, MD |
| 11:30am-12:00pm  | Wrap Up/Evaluation                                                   |

**Presenters**

**Ajay Kumar, MD**
Chief, Department of Medicine
Hartford Hospital

**Brad Biskup, PA-C, MHS, MA**
Coordinator, Lifestyle Modification Clinic
University of Connecticut Health Center

**Megan Panico, MD, MS**
Attending Physician
Starling Physicians

**Jason Gluck, DO**
Medical Director, Mechanical Circulatory Support Program, Hartford Hospital

**Robert M. Oberstein, MD**
Director, Diabetes LifeCare
Hartford Hospital